



**WILKES RECOVERY
REVOLUTION, INC.**

ANNUAL REPORT 2020



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LETTER FROM EXECUTIVE DIRECTOR:

From the Director:

My name is Devin Lyall and I'm the founding director of Wilkes Recovery Revolution, INC. I'm also an individual in long-term recovery.

Recovery is different for everyone. For me it's the ability to be a mother to my children, to show up and be present, and to have a meaningful role in the community that I love.

That's why I care so deeply about making recovery a reality for others. And with your help we've started to make a difference and we're saving lives.

The COVID-19 pandemic has presented new challenges to our organization. It's pushed people further into isolation and more of our neighbors into addiction. But it's also taught us valuable lessons about resilience.

When recovery meetings shut down, we offered them virtually. When in-person services became limited, we adapted and met with peers via Zoom. In November of last year, we opened a walk-in recovery community center that followed CDC guidelines. Johann Hari says in her book, *Chasing the Scream*, "The opposite of addiction is not sobriety. It is human connection." When the world shutdown, WRR staff members stepped up to provide that sense of connection.

I'm proud of the progress detailed in this Annual Report. Our work is far from over. But we know what works to give people we know a second chance. With your help we'll continue the mission. On behalf of our board of directors and myself I would like to say "thank you" to our donors who continue to give from the heart. Your generosity helps our organization continue to meet the needs of those who are at their bottom in life. Thank you for helping us give them opportunities at a new life.

Gratefully,

Devin Lyall

Executive Director
Wilkes Recovery Revolution





VISION/MISSION/PHILOSOPHY



OUR MISSION:

Through the wisdom of lived experience Wilkes Recovery Revolution, Inc. is "Creating a community where recovery is possible through; Restoring Hope, Repairing Lives, and Rebuilding Community."



OUR VISION:

That every person will find hope, strength, and a sense of meaningful purpose in their lives and community.



OUR PHILOSOPHY:

Recovery from addiction and mental illness is not only possible, but with support, opportunities, community, and education can be a reality.

Collaboration and Partnerships produce better viable solutions for individuals which in return becomes a catalyst of social change and strength in communities.

Individuals and Providers benefit from the perspective and knowledge that can only be obtained from those with lived experience in recovery who employ the evidence based practices of peer support.

PROGRAMS

PHASES TRANSITIONAL HOUSING: Wilkes Recovery Revolution, Inc. offers safe and affordable housing for those entering recovery. We offer three facilities: two male facilities and one female facility. This peer driven program helps individuals build a foundation that will help them transition into independent living where to have the support to live a meaningful and productive life. Phase's transitional housing believes recovery is possible and serves as a catalyst for stability on their personal journey of recovery.

2020 #S PHASES TRANSITIONAL HOUSING



43

Number of male clients served through Phases Transitional Housing



31

Number of female clients served through Phases Transitional Housing



74

Total number of clients served through Phases Transitional Housing



100

Average number of days spent with us at Phases Transitional Housing



796

Longest number of days a client spent with us at Phases Transitional Housing.



29

Number of clients who completed a 90 day program Through Phases Transitional Housing



17

Number of clients who completed at least 6 months with us Through Phases Transitional Housing



9

Number of clients who completed 1 year or more with us Through Phases Transitional Housing



72

Individuals Gained Employment

PROGRAMS

R3 PEER SERVICES: Wilkes Recovery Revolution, Inc. employees North Carolina Certified Peer Support Specialists, who serve as navigators for anyone in our community battling Substance Use Disorder. Peer support is provided by people living in recovery who serve as mentors and partners offering their experience, strength, and hope in order for individuals to move through challenges and find meaningful purpose in their lives. Peer Support services work as a bridge to link resources and help others find their voice in recovery. Peer Support offers mutuality to support others in finding their own strengths, voice, and path to recovery.

2020 #'S: R3 PEER SERVICES #'S



71

Referrals to detox and/or treatment



103

Individuals served by peer support services



31

Assisted with independent housing



65

Individuals Linked to Medical Care



36

Individuals Gained or Regained Drivers License or Vehicle



79

Utilized our Transportation Services



R3 RECOVERY CENTER: The recovery community center opened in November of 2020 as an open access Peer Wellness Center. We are a Recovery Center Organization (RCO) that offers resources and connects alternative pathways to health and wellness. This peer support and recovery coaches, groups, resources, education, employment support, transportation services, and activities that promote health, wellness, and creativity. We offer training and education to providers, individuals, and the community to reduce stigma and aid in successful growth and change..

2020 #'S: R3 PEER SERVICES #'S



31

Peers Served at R3 Center



34

Tele-recovery Support Services



5

Hired 5 Individuals with Lived Experiences



R3 RECOVERY COMMUNITY CENTER

1907 West Park Drive, N. Wilkesboro, NC 28659

PROGRAMS

REVOLUTION THRIFT STORE: Our Thrift Store serves as a work and volunteer program run by support specialists, allies and those in recovery. The Store offers assistance for individuals who are preparing for interviews, reintegrating into society, transitioning into housing, reunifying families structure, or recovering from trauma.

This program also generates revenue to support individuals in recovery. We offer meaningful work that aids to build workforce skills and empower individuals to be productive members of their community and society as a whole. The participation of volunteers serves as a way to involve members of the community in order to become a part of the recovery movement and support those in recovery.



REVOLUTION THRIFT STORE

337 Wilkesboro Avenue, N. Wilkesboro, NC 28659



Due to COVID-19 Revolution Thrift Store was unfortunately closed for the majority of 2020. The store reopened in October 2020 to continue operations.



We would like to extend a special thank you to everyone who provided donations to Revolution Thrift Store. Your donations not only helped raise funding for our programming but also went to individuals in recovery seeking crisis assistance.

Thank You!

PROGRAMS



To learn more about these programs, visit:
WilkesRecoveryRevolution.com



In 2019 Wilkes Recovery Revolution became the first in Wilkes County and one of only a few accredited recovery community organizations in North Carolina to go through a review process to ensure that our mission, policies and procedures support individuals in recovery. A recovery community organization (RCO) is an independent, non-profit organization led and governed by representatives of local communities of recovery. These organizations organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs, and/or provide peer-based recovery support services (P-BRSS).

FacesAndVoicesOfRecovery.org/services/arco



2020 YEAR IN REVIEW

Hosted our 4th Annual Recovery Rally virtually due to COVID-19. We were able to reach 54 people who attended live via Zoom, and an additional 1.1K views via Facebook.

Awarded Golden LEAF Grant Funds: \$423,459.00 were awarded towards ProjectHOW-Healing Our Workforce with a special focus on the efforts of expanding access to continuing education resources for individuals in recovery. Through these funds, four full-time and two part-time North Carolina Peer Support Specialists were hired, transportation services were made available, and a full-time Project Coordinator was hired.

Awarded Appalachian Regional Commission Grant: The Appalachian Regional Commission awarded \$149,901.40 towards the expansion of ProjectHOW objectives specific to breaking down barriers to meaningful and gainful employment. With these funds, our R3 Recovery Center was opened, and a Recovery Friendly Workplace Initiative was funded from the research and development stage, through its current stages of finalizing a toolkit and orientation training and designating Wilkes County employers.

Hosted a virtual movie screening of "The Anonymous People" followed by a Q&A. There were 23 people in attendance virtually.

Hosted a virtual movie screening of "Generation Found" followed by a guest speaker and Q&A from North Carolina's first Recovery Highschool, Emerald School of Excellence, located in Charlotte, NC. 21 people were in attendance.

Became Wilkes Counties First Nationally Accredited Recovery Community Organization.

Recipients of The Health Foundation Challenge Grant which is designed to help organizations "build a sustainable, comprehensive fundraising program" in the words of the Health Foundation, INC.

Wilkes Recovery Revolution, Inc. became a United Way partner agency and received grant funding to support peer support services and transitional housing.

Wilkes Recovery Revolution, Inc. Executive Director continued to serve as a core team member on the Community Opioid Prevention Education (COPE) Collective Impact Grant with The Health Foundation, Inc., through UNC School of Government, and Blue Cross Blue Shield.

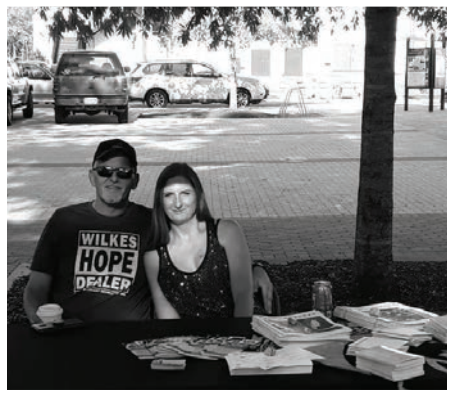
Served on Health Resources & Services Administration (HRSA) grant on Wilkes Opioid Response Project through Project Lazarus, increasing recovery coach training access, housing stipends for justice involved populations and parents with children in DSS custody.

Partnered with Sunrise Community for Recovery and Wellness and Project Lazarus to bring National Recovery Coach Training to Wilkes County through Wilkes Opioid Response Project. We were able to get 23 individuals trained who serve Wilkes County and who are now recognized as Recovery Coaches.

Executive Director served as Regional Coordinator through National Association of Addiction Professionals (NAADAC) to coordinate Hill Day 2020, where she coordinated discussions with state officials around addiction related topics affecting western North Carolina.

Opened the R3 Recovery Community Center in November 2020, located at 1901 West Park Drive N. Wilkesboro NC, 28659. The Recovery Center offers free, walk-in wrap around peer support services including resource navigation, employment services, wellness management, and more.







LOOKING FORWARD:

- ▶ Launching Wilkes Fresh Start, a therapeutic gardening program that will employ individuals in recovery and allow them to make a living wage while receiving free certification/skills trade certificates.
- ▶ Launching Wilkes Harm Reduction Collective, a harm reduction program to reduce the negative health impacts for people who use drugs.
- ▶ Recovery Coach Trainings
- ▶ Language Matters Trainings



Contact us for more information:

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